

# Outpost Program Plan Scheduling Sheet for:



Time	Date:	Day 1	Time	Date:	Day 2	Time	Date:	Day 3	Time	Date:	Day 4
Sleep where			Sleep where			Sleep where			Sleep where		

**When writing the schedule, please include the following REQUIRED activities:**

- Orientation by Upham Woods Outpost staff (30 min.)
- Swim/canoe training and test (45 min.)
- Equipment check-in
- Equipment check-out
- Final clean-up (minimum of one hour)



*Please also include locations and any educational programming requests. We will try to accommodate all requests.*