

# FOOD SERVICE MENU SELECTION SHEET

Please return to Upham Woods 30 days prior to arrival  
**SUMMER 2008**

**Name Of Group:** \_\_\_\_\_

**Number Of Participants: Youth** \_\_\_\_\_ **Adult** \_\_\_\_\_ **Meal Supervisor:** \_\_\_\_\_

Day 1	Day 2	Day 3	Day 4	<b>Breakfast Selections (Please select one for each day)</b>
				Pancakes, sausage links, cereal, juice, milk and water
				Fast breakfast: cereal, breakfast sandwich (English muffin sausage patty-cheese), milk and water
				French toast, ham, cereal, juice, milk and water
				Eggs, bacon, toast, cereal, juice, milk and water
				Cooks Choice! (something new)

Day 1	Day 2	Day 3	Day 4	<b>Lunch Selections (Please select one for each day)</b>
				Chicken sandwich, chips, salad bar, dessert, milk (1) and water
				Hot dogs, fries, salad bar, dessert, milk (1) and water
				Beefy nachoes, refried beans, salad bar, dessert, milk (1) and water
				Poor boy, baked beans, chips salad bar, dessert, milk (1) and water
				Ham and cheese, tator tots, salad bar, dessert, milk (1) and water
				Cooks Choice! (something new)

Day 1	Day 2	Day 3	Day 4	<b>Dinner Selections (Please select one for each day)</b>
				Camp spaghetti, vegetable, garlic bread, salad bar, dessert, milk (1) and water
				Ham, cheesy potatoes, vegetable, salad bar, roll, dessert, milk (1) and water
				Salisbury steak, baked potatoe, vegetable, salad bar, roll, dessert, milk (1) and water
				Meat Loaf, mashed potatoe, vegetable, salad bar, bread, dessert, milk (1) and water
				Baked chicken, potatoe, vegetable, salad bar, roll, dessert, milk (1) and water
				Cook Choice! (something new)

Special Diets, Food Allergies, or Vegetarians: (Must be provided before arrival at camp)

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- I have read and understand that the choices I have made for meals will be honored unless all food service forms have not been signed and turned in 30 days prior to arrival. This includes: Food Service Agreement Form, Menu Selection Form, and Outpost Menu Selection Form.
- I understand that attempts will be made to honor the menu selections, but on rare occasions they may be altered or changed by the food service director.
- Once menus are submitted to food service they may not be changed.

Agent or Group leader signature \_\_\_\_\_ Date \_\_\_\_\_