Spend a **SUMMER ABROAD** and immerse yourself in another culture!

2015 COSTA RICA EXCHANGE

Curious about how the other side of the world lives? Live with a host family in Costa Rica and immerse yourself in a world that most tourists rarely get to see. You’ll share everyday life with friends and relatives in the community and build friendships that will last a lifetime. An adult chaperone will travel with the delegation on all international flights and stay in Costa Rica for the entire exchange period to assist with any concerns.

**Dates:** June 18 – July 17, 2015

**Overview:**
- Departure orientation in US gateway city
- Two-night arrival orientation in Alajuela, Costa Rica
- Four week homestay with Costa Rican host family
  (Most families are located in small towns and rural areas)
- Excursions to Poas Volcano, Waterfall Garden Park or similar

**Capacity:** 15 participants

**Cost:** $1,350 plus airfare
- Current airfare estimate based on past cost: $850-$1,400

**Program Fees Includes:**
- Excursions Poas Volcano, Waterfall Garden Park, or similar
- Four week homestay
- Orientation in the U.S. gateway city & Alajuela
- In-Costa Rica expenses: transportation, lodging, meals
- Health & Accident Insurance
- Pre-trip conference call, orientation materials and 4-H t-shirts
- A portion of the adult chaperone expenses

**Additional costs to be paid by each delegate may include:**
- Passport
- Gifts for host family members
- Spending money and all other personal items

**States’ 4-H International’s mission** is to enhance world understanding and **global citizenship**, which we believe can be achieved through living with a local host family and immersing oneself in another culture.

**Who can apply:** 4-H youth ages 15-18 (must turn 15 by the date of travel and no older than 18 during exchange period; must not be in college)

**How to apply:** Contact your local 4-H coordinator to apply.

**Application & Payment Deadlines:**
- Dec. 1: Application +$1,000
- Dec. 1: $250 In-state fee (to UWEX)
- Jan. 25: $2,000
- Feb. 25: Medical form & Passport copy
- Apr. 25 :Remaining balance

**For more information:**
- www.states4hexchange.org
- www.facebook.com/states4hexchange
- exchange@states4h.org
- (206) 462-2200
- (800) 407-3314

**Cancellation Policy:**
- Payments NOT refundable after each deadline (Air ticket is issued by end of January and is NOT refundable once issued).
- For exceptional circumstances, refunds are made on a case-by-case basis
- Program may be cancelled if less than 7 participants

**Program details subject to change**

**Non-Discrimination Statement**
As a an organization comprised of 4-H members, 4-H prohibits discrimination in all its programs and activities on the basis of race, color, national origin, creed, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.