**AM SESSIONS**

**4-H History Wiki Needs YOU!**
Got a 4-H story to tell? Or photos to share? Help us capture this on our Wisconsin 4-H History Wiki that is being developed as part of our 4-H Centennial. Youth have the tech skills. 4-H volunteers, staff and alumni have the memories. Team up and cruise our online 4-H Wiki and find out how you and your 4-H Club can become part of Wisconsin 4-H history!

Presenters: Dennis Larsen, Records Officer for UW-Extension and Kathi Vos, Professor Emerita, 4-H Youth Development

**Conversation Starters**
Every day you see lots of people, talk with lots of people and even meet new people! Do you ever find it challenging having a conversation after getting past the basic "What's your name?" and "Where are you from?" questions? This seminar will help you eliminate awkward silence and keep conversations going. By learning some simple tricks you can use when you meet new people, you’ll be able to find something new and exciting about them and possibly make a new friend that could last a lifetime. This is an interactive and exciting session; it will keep you on your feet and engaged in new ideas for communicating with others through games and various other activities.

Presenters: Pauline Schlais, Linnaea Wallis, and Ryan Vanden Boom Youth Leader Council and Liz Cook and Lynn Galbraith-Wilson, Adult Leader Council

**Creative Recreation**
A Frisbee out of nylons? No way! YES Way if you come to Creative Recreation. Learn many exciting uses of your average everyday nylons to teach team building and leadership activities.

Presenters: Jessie Gaska, Dodge County 4-H Leader and Laura Schoenike, Dodge County 4-H Leader

**Forming Partnerships That Work!**
Attend this session to learn all about how youth and adults can work together to make great things happen. We’ll explore some common misconceptions about each group and work on strategies you can use to get strong youth and adult partnerships started in your county.

Presenters: Kathryn Kugel, Youth Leader Council, Shawano County and Rachel Hoffman, Adult Leader Council, Price County
Leading 4-H Wildlife Activities ANYTIME – ANYWHERE
Instead of collecting mosquitoes or beetles, why not collect ideas for hand-on wildlife activities? You can do the activities and take them home for use in your county programs. Use wildlife art and competition preparation as learning tools.

Presenters: Barb and Norb Yogerst, Wildlife WHEP Wisconsin 4-H, Washington County and Youth Leaders

Putting Your Best Foot Forward
You never get a second chance to make a first impression! Facebook, Twitter, Facetime, Snapchat, Instagram and Skype all have their place; however, there is no substitute for face to face communication skills and poise that will prepare teens for the many positive opportunities that await them. This interactive session will focus on creating a positive first impression, meeting others and speaking with confidence, dressing and grooming with poise.

Presenters: Hillary Bark, 4-H Summer Assistant and Colleen Pulvermacher, Vernon County 4-H Youth Development Educator

Real COLORS®! Personality Training - this is a two-part session
Real Colors® is a dynamic workshop experience that will provide youth and adults with the opportunity to better understand human behavior, their own behaviors and others! You will start to think about what you value most and then learn more about what motivates others and how to better communicate with them. The basis of this double seminar is the Real Colors® Personality Instrument: a user-friendly, intuitive tool that identifies four personality types common to all people—Gold, Green, Blue, and Orange.

From the very beginning, participants will start to see the world from new and different perspectives, which will help them to better work with and understand other 4-H leaders, community members, family members and colleagues all while having a great time!

The Fundamentals Workshop in the morning will lay the foundation and in Part 2, we will explore and address common organizational topics such as working in teams, communication and leadership within the context provided by Real Colors®.

**AM is two groups – Group I is 7th – 12th grade youth and Group II is 13th grade youth and adults. The groups will join together in the afternoon to complete the experience.**

A minimum of 15 people per group are needed.

Presenters: Teri Wallis, Adult Leader Council, Polk County, Josh Goede, Monroe County 4-H Youth Development Agent and Amber Rehberg, Price County 4-H Youth Development Educator
**Road to Retention – Annual Leader Training**
Attending this session will count toward meeting your club/committee annual leader training requirement.

We hope both adults and older youth will jump in the car with us as we discuss, strategize and create the 4-H road to member retention! In this interactive session you will have the opportunity to learn about recruiting, retaining and maintaining members in your club. This training has been developed to be very hands-on and usable for you, your members, and your club/group.

Presenters: Jill Jorgensen, Kewaunee County 4-H Youth Development Agent and Melinda Pollen, Brown County 4-H Youth Development Educator

**Robot Invasion!**
Discover the incredible world of LEGO Robotics! In this session, participants will learn the basics of programming LEGO Mindstorm NXT Robots to spin, talk, and maneuver around obstacles.

Presenter: Joanna Skluzacek, 4-H STEM Specialist

**Shooting Sports in 4-H**
4-H Shooting Sports is all about safely using archery, air rifle, .22 rifle, pistol, shotgun and muzzleloader equipment and learning life skills. With on-the-range activities, you will learn how to shoot an air rifle and bow and arrow. Pick up ideas on starting or growing your shooting sports program.

Presenters: Al Gross, State 4-H Shooting Sports Instructor, Washington County and Youth Leaders

**Stick It, Stack It – Innovative Team Building**
Explore the joys of speed stacking while you accomplish individual and team stacking challenges. Then learn team building activities and puzzles all using the tool that fixes everything: Duct Tape!! Learn how to implement these fun activities for team building exercises in your county.

Presenters: Kari Schoenike, Dodge County 4-H Leader and Whitney Rathke, Dodge County 4-H Leader

**Technology Outdoors: Using digital learning tools to reveal the unseen**
This workshop will introduce you to exciting technologies that help us take environmental observations that would be unseen otherwise. GPS, thermal imagery, apps, tablets and weather stations all play a role in exploring the world around us and collecting digital artifacts of our inquiries outdoors.

Presenter: R. Justin Hougham, Environmental Education Specialist/Upham Woods Director
You Are a Project Leader...Now What?
Have you been asked to be a project leader, and not are sure what that means? Do you need ideas for project meetings? Attend this workshop to learn all about being a project leader. You will also learn how to use 4-H curriculum and hands-on experiences to plan your upcoming project meetings. Participants will leave with a wealth of resources to help them be efficient, effective and fun project leaders.

Presenter: Meg Sage, Sauk County 4-H Youth Development Agent

PM SESSIONS

Ag Innovators Experience: Fish Farm Challenge
By the year 2040, our world’s population will be about 9 billion. How will we be able to feed a growing world? Join us to complete the hands-on challenge that challenges YOU to be part of the solution to world hunger.

Presenters: Ag Innovator Facilitators, Debbie Heth, Youth Leader, Iowa County; Nash Weiss, Youth Leader, Buffalo County and Carissa Brooks, Adult Advisor

Creative Recreation
This session is being offered twice. Please see the description under AM Sessions

Essential Elements Pizzeria
Essential Elements are the key ingredients that make up a positive youth development pizza. Join chef educators to create a tasty and educational dish that also provides a framework for strong youth programming. Expose yourself to the flavors of mastery, generosity, belonging, and independence.

Presenter: Sarah Tarjeson, Sheboygan County 4-H Youth Development Educator

Expanding Access--Diversifying the County 4-H Program
Learn more about Buffalo County’s multifaceted approach to growing our 4-H program, rethinking outreach strategies and better understanding multiculturalism. Share your county’s success stories in expanding access and gain new perspective from other counties in this interactive and dynamic session!

Presenters: Annie Lisowski, Buffalo County 4-H Youth Development Educator and Christina Rencontre, State 4-H Communication Art Specialist
Focus on Photography
Explore all the possibilities your camera has to offer. Learn how to use composition to enhance the quality of your photos, while experimenting with new techniques. It is recommended that you bring a camera.

Presenters: Wisconsin 4-H Press Team Members; MaryBeth Seib, Press Team Director

Growing a Successful Cloverbud Program
Aren't Cloverbud meetings just arts and crafts projects? Of course...THEY ARE NOT!! Like the traditional 4-H experience, 4-H Cloverbud members use hands-on activities to explore art, plants, animals, science, and the environment just looks a bit different. Come to this hands-on, interactive resource filled training to learn more about growing and strengthening your Cloverbud program. As the leader, the amount of time, energy, and enthusiasm that you commit to the program is likely to impact its success!

Presenters: Laura Huber, Wood County 4-H Leader, Paula Hensel, Wood County 4-H Leader and Kyli Brown, Wood County 4-H Program Advisor

Incorporating Healthy Living into your 4-H Club Program
Looking for ways to encourage healthy lifestyles besides bringing carrots as snacks to club meetings? Interested in helping 4-H youth and families develop healthy habits? Join us for a fun, interactive session that will model programming related to healthy living. Leave with resources and ideas for your 4-H club program!

Presenters: Megan Rebout, Rock County 4-H Youth Development Program Advisor and Donna Duerst, Rock County 4-H Youth Development Agent

Real COLORS®! Personality Training - this is a two-part session
This is a two-part session. Participants must attend both the AM and PM sessions. See the description listed under AM Sessions.

Robot Invasion!
This session is being offered twice. Please see the description under AM Sessions.

Stick It, Stack It – Innovative Team Building
This session is being offered twice. Please see the description under AM Sessions
The Checks and Balances of Financial Recordkeeping
Does your 4-H club or group struggle with completing the annual financial report? Not sure what category to put your income and expenditures in? 4-H clubs in Lincoln County were too, so I developed a session to help them that I will share with you.

Presenters: Debbie Moellendorf, Lincoln County 4-H Youth Development Educator and a youth or adult leader

Tips and Tricks for Getting the Most Out of Camp!
Looking to get the most out of camp next season? This session is designed to introduce you to a variety of activities and successful approaches to planning and executing a fun-filled and engaging camp to excite new campers and counselors for camp next summer. Youth and adults can contribute to this “bag of tricks” and walk away with new perspectives and energy for the upcoming season.

Presenters: Amy Workman, Program Director, Upham Woods and Toby Grabs, Assistant Director, Upham Woods

You Are a Project Leader...Now What?
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